

Me and my medication - checklist



You may like to ask some questions about your medication.
You can ask your doctor or chemist.




 Why do I need to take it? _____


- Can I take or do something else instead? _____
- How do I take it? _____

 When do I need to take it? _____

- How long will I be taking it? _____
- What does it look like? _____
- How long till I feel better? _____

 Do I have to take it with food? _____

- Where should I keep it? _____
- Are there any side effects? _____

 Does it affect my other medications? _____

- What if I forget to take it? _____
- Can I have it in a Webster Pack? _____

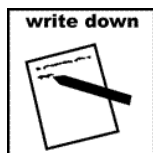
 How much does it cost? _____

- Is there a cheaper one? _____



Maybe you have some questions of your own

Write them down here and ask your doctor or chemist next time you visit.



It is good to know your chemist



- My chemist: _____ ☎ Phone number: _____
- Address: _____
- Opening Hours: _____

Who can I ask for more info:



- My doctor: _____ ☎ Phone number: _____
- My chemist: _____ ☎ Phone number: _____
- A friend for help: _____ ☎ Phone number: _____
- Medicines Help Line: _____ ☎ Phone number: 1300 888 763
- Health Direct: _____ ☎ Phone number: 1800 022 222



Call an Ambulance **000** in an Emergency

