



Finding a new doctor - checklist

- You can choose your own doctor.
- Asking lots of questions can help you choose.
- Ask for help if you need it.

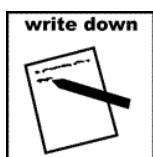


Some things to think about might be:

- ① What days do they open? _____
 - What time do they open? _____
 - How much does it cost? _____
- 🕒 Does your Doctor work every day? _____
 - Do they do home visits? _____
 - Do they know much about my health needs? _____

Maybe you have some questions of your own. ①

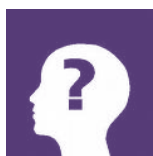
- Write them down here and ask your doctor.



Visit a new Doctor when you are well.

- It will help you make the right choice.
- Bring someone along for help if you want to.







After visiting the doctor you might think:

 Can I understand the Doctor?


- How do they explain things?

 Did I feel safe?

- Did they know about my health needs?

 Does the Doctor listen to me?

- Will they show me pictures?
- Is it easy to get an appointment?

 Do they P-R-I-N-T info out for me?

- Was the appointment long enough?
- Is it easy to get there?



YOU can then choose if the doctor is right for you.



Who can I ask for more help:

• A Friend: _____  Phone number: _____

• A Carer: _____  Phone number: _____

• Family: _____  Phone number: _____

• healthdirect:  Phone number: 1800 022 222

